

# GOURMAND AWARDS 2013 - JAPAN

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*The next Gourmand World Cookbook Awards ceremonies for the “Best in the World” will take place in China during the Beijing Cookbook Fair, 19-21 May, 2014, with the support of the City of Beijing and its southern Daxing District.*

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## 1 – BEST AUTHORS AND CHEFS

### Woman chef

*Kitchen de Asobo! Let's play in the kitchen* - Naoko Wagisa, Photo: Keiji Sashinami - Nagisa Café

### TV

*Grandma's Kitchen - Recipes for healthy living* - TV Setouchi - East Press

### Innovation

*New Washoku - Eye opening Japanese cooking with lower sodium using milk* - Hiroko Koyama  
Photo: Teruo Miyashita – Shakai Hoken Shuppansha

### Entertaining

*Potluck recipes to make you look like a great chef* - Baba Kaori - Kadokawa

### First cookbook

*Book of Magic - Marinated in oil - Mahou no oiruzuke butsuku* - Yoshie Isogai, Photo: Miki Mana - Kawade Shobo Shinsha

## 2 – PUBLISHERS

### Food Magazine

*Harumi Kurihara Magazine* - Harumi Kurihara

### Photography

*Welcome to Fish Cafeteria in Tsukiji* - Koichi Ogawa, Photo: Teruaki Kawakami - Sekai Bunka

### Illustrations

*Alain Ducasse - The secret recipe* - Hiromi Nagasaki - Shufu to Seikatsu Sha Co.

### Corporate book

*Make your Miso Soup with Miso Muddler* - Yoshiko Fujino, Photo: Hoshito Omijya - Sekai Bunka

### Translation

*Hashimoto's Tohoku Recipes* - Author: Nobuko Hashimoto / INJM - English Translation: Joseph Brandel, Koei Kuwabara(Reo), Yukari Takeuchi, Masae Ishikawa, Jamie El-Banna and Elisa Hough - Seven & i Publishing

### Digital cookbook

*Cookpad* – Cookpad

### 3 – WORLD CUISINE

#### Local cuisine

*Grandma's Kitchen, Recipes for healthy living* - TV Setouchi - East Press

#### Foreign Cuisine

*So delicious ! Staub* – Kyoko Salbot - Kawade

#### French cuisine

*Antonin Carême, Je souhaite vous transmettre l'esprit* - Frédéric Chiba, Photo: Masako Fukushima - Otort

#### Asian cuisine

*Ichiban Yasashi Kakokuryori* - Zeng Gyoku - Seibido Shuppan

#### Japanese cuisine

*Wagashi* - Mrs. Machiko Chiba, Photo: Masaharu Shirane, Akio Sekino, Tatsuya Ino - Nikkei BP Consulting

### 4 – LIFESTYLE, BODY AND SOUL

#### Health & nutrition

*Ichiju-Nisai* - Atsuko Matsumoto, Chinami Hamauchi, Kentetsu Koh, Hiromitsu Nozaki, Takayuki Hishinuma, Takeshi Koboyashi - Sekai Bunka

#### Children

*The Honeybee and Honey* - Noriyuki Miyatake, Photo/Illustration: Toshiyuki Anan - Japan Food Journal

#### Food writing

*Antonin Carême - Je souhaite vous transmettre l'esprit* - Frédéric Chiba, Photo: Masako Fukushima - Otort

#### Culinary history

*The delicious dishes were learnt from father and mother* - Keiko Hayashi, Yuki Takeda, Tomoni Tomiyama, Takashi Torao, Makiko Nakazawa, Maiko Hiranuma, Yohko Moriya, Maiko Yamaura - Cooking Eating Studio

### 5 – SUBJECTS

#### Easy recipes

*Making lunch box with polyethylene bag* - Hiekau Kawahira, Photo: Masaharu Shirane, Toshimi Kawahira - Shogakukan

#### Single subject

*Natural soups at home* - Mihoko Takakubo - Parco Publishing

#### Fish and seafood

*95 Kelp Recipes in under 10 minutes, oil free* - Riko Yamawaki, Photo: Tomishige Shimizu - JTB Publishing

## Bread

*Tiny Yummy Bread at Home* - Maiko Yoshinaga, Photo: Eri Iwata - Marine Planning Co.

## 6 – CHARITY AND FUND RAISING

*Flavours without borders - Umi o Watatta Kokyo no Aji* - Japan Association for Refugees

## WINE, SPIRITS & DRINKS

### 2 – THE DRINKS

#### Spirits

*Supersake. The Pride of Japan* - Akiko Tomoda - GAP Japan

#### Food and drinks

*Madame Figaro Books* - Yukako Ito - Hankyu Komyunikeshonzu

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