

GOURMAND AWARDS 2013 - KENYA

The next Gourmand World Cookbook Awards ceremonies for the “Best in the World” will take place in China during the Beijing Cookbook Fair, 19-21 May, 2014, with the support of the City of Beijing and its southern Daxing District.

1 – BEST AUTHORS AND CHEFS

TV

Let's Cook Kenya - National Ethnic Foods - Susan Kamau, Photo: David Beatty (Food), Michael Poliza (Landscape), National Museum of Kenya (People) - Susan Kamau

3 – WORLD CUISINE

African cuisine

82 Staple Foods - East African Staple Foods Cookbook - Phyllis Naisiae Noaleche, Eastern Africa Grain Council, Photo: Imagemate Publishers, Director: Gerald Masila - Eastern Africa Grain Council

4 – LIFESTYLE, BODY AND SOUL

Health & nutrition

82 Staple Foods - East African Staple Foods Cookbook - Phyllis Naisiae Noaleche, Eastern Africa Grain Council, Photo: Imagemate Publishers, Director: Gerald Masila - Eastern Africa Grain Council

5 – SUBJECTS

Easy recipes

Let's Cook Kenya - National Ethnic Foods - Susan Kamau, Photo: David Beatty (Food), Michael Poliza (Landscape), National Museum of Kenya (People) - Susan Kamau

Watermelon

Essential Elements in Watermelons Grown in Kenya - Esther Nthiga Wanjau, Ruth Wanjau, Jane Murungi – LAP / Lambert

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